



We'll put you through your PACES

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	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Week 1</b>	Normal Cardiovascular Examination	Study-buddy practice of Normal Examination - Cardiovascular	Mitral valve abnormalities	Ward Practice of Abnormal Cardiovascular Examination		Aortic valve abnormalities	
<b>Video</b>	Normal Cardiovascular Examination		Over 40 videos with mitral valve pathologies			Over 20 videos with aortic valve pathologies	
<b>Week 2</b>	Normal Respiratory Examination	Study-Buddy Practice of Normal Examination - Respiratory	Respiratory Abnormalities	Ward Practice of Abnormal Respiratory Examination		Pulmonary valve abnormalities	
<b>Video</b>	Normal Respiratory Examination		Over 20 Respiratory pathologies			Over 10 videos with pulmonary valve pathologies	
<b>Week 3</b>	Normal Abdominal Examination	Study-Buddy Practice of Normal Examination - Abdominal	Abdominal Abnormalities - Liver	Ward Practice of Abnormal Abdominal Examination	REST DAY	Tricuspid valve abnormalities	REST DAY
<b>Video</b>	Normal Abdominal Examination		Over 10 videos with Abdominal pathologies				
<b>Week 4</b>	Normal Cranial Nerve Examination	Study-Buddy Practice of Normal Examination - Cranial Nerves	Cranial Nerve abnormalities	Ward Practice of Abnormal Cranial Nerves Examination		Respiratory Abnormalities	
<b>Video</b>	Normal Cranial Nerve Examination		Over 40 videos of Cranial Nerve pathologies			Over 20 Respiratory pathologies	



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<b>Week 5</b>	Normal Upper Limb Examination	Study-Buddy Practice of Normal Examination - Upper Limb	Upper Limb abnormalities	Ward Practice of Abnormal Upper Limb Examination	Abdominal Abnormalities - Spleen
<b>Video</b>	Normal Upper Limb Examination		Over 5 videos with Upper Limb abnormalities		Over 10 videos with Abdominal pathologies
<b>Week 6</b>	Normal Lower Limb Examination	Study-Buddy Practice of Normal Examination - Lower Limb	Lower Limb	Ward Practice of Abnormal Lower Limb Examination	Examination of Gait abnormalities
<b>Video</b>	Normal Lower Limb Examination		Over 5 videos with Lower Limb abnormalities		Over 8 videos of Gait abnormalities
<b>Week 7</b>	Normal Cerebellar Examination	Study-Buddy Practice of Normal Examination - Cerebellar	Cerebellar abnormalities	Ward Practice of Abnormal Upper Limb Examination	Mixed Valve pathologies
<b>Video</b>	Normal Cerebellar Examination				Over 15 videos with Mixed Valve abnormalities
<b>Week 8</b>	Normal Knee, Hip and Spine Examination	Study-Buddy Practice of Normal Examination - Hips, Knee and Spine	Hip, Knee and Spine abnormalities	Ward Practice of Abnormal Examination - Hips, Knee and Spine	Cerebellar abnormalities
<b>Video</b>	Normal Knee, Hip and Spine Examination				



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<b>Week 9</b>	Normal thyroid Examination	Study-Buddy Practice of Normal Examination - Thyroid	Thyroid abnormalities	Ward Practice of Abnormal Thyroid Examination	Abdominal Abnormalities - Kidneys
<b>Video</b>	Normal thyroid Examination				Over 10 videos with Abdominal pathologies
<b>Week 10</b>	History Taking Protocol	Cardiovascular History Taking practice	Cardiovascular History Station Videos	Cardiovascular History Taking practice	Aortic valve abnormalities
<b>Video</b>	Guided History Taking Video				Over 20 videos with aortic valve pathologies
<b>Week 11</b>	Communication Skills Protocol	Communication Skills Practice - Breaking Bad News (cancer)	Cardiovascular Communication Skills	Communication Skills Practice - Anticoagulation	Respiratory Abnormalities
<b>Video</b>	Guided Communication Skills Video				Over 20 Respiratory pathologies
<b>Week 12</b>	Respiratory History Taking Practice	Communication Skills Practice - COPD/Asthma	Respiratory History Taking Practice	Communication Skills Practice - Pulmonary Fibrosis	Cerebellar abnormalities
<b>Video</b>					



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<b>Week 13</b>	Abdominal History Practice - Liver	Ward Practice of Abnormal Cardiovascular Examination	Abdominal History Practice - Kidneys	Ward Practice of Abnormal Respiratory Examination	Ward Practice of Abnormal Abdominal Examination
<b>Video</b>					
<b>Week 14</b>	Normal Retinal Examination	Communication Skills Practice - Seizure and the DVLA	Abnormal Retinal Examination	Abdominal History Practice - UC/Crohn's	Diabetic Complications
<b>Video</b>		Seizure and DVLA		UC	Multiple videos
<b>Week 15</b>	Normal Cranial Nerve Examination	Study-Buddy Practice of Normal Examination - Cranial Nerves	Cranial Nerve abnormalities	Ward Practice of Abnormal Cranial Nerves Examination	Cerebellar abnormalities
<b>Video</b>	Normal Cranial Nerve Examination		Over 40 videos of Cranial Nerve pathologies		Multiple videos
<b>Week 16</b>	Ward Practice of Abnormal Respiratory Examination	Ward Practice of Abnormal Cardiovascular Examination	Ward Practice of Abnormal Neurological Examination	Ward Practice of Abnormal Abdominal Examination	Study Buddy practice of History and Communication Skills' Scenarios
<b>Video</b>	Over 20 Respiratory pathologies	Over 60 Cardiovascular pathologies	Over 60 videos of Neurological pathologies	Over 10 videos of Abdominal pathologies	Over 25 videos of History and Communication Stations

**EXAM WEEK**